



Café Menu Term 4 2026

Pre-ordering

Daily specials, regular menu items and allergy-aware/smaller portion menus are available for pre-order before 9am through the Flexischools app.

Limited menu options are then available for pre-order until 12pm only.

Regular menu items and other options will be rotated through the Café for purchase in person by Middle and Senior School students during recess and lunch.

Deli Favourites

Sandwiches

Vegemite	\$3.00
Cheese	\$4.00
Cheese and tomato	\$4.50
Plain - chicken, ham or tuna	\$5.00
Salad	\$5.50
Ham and cheese	\$5.50
Ham, cheese and tomato	\$6.00
Ham and salad	\$6.50
Chicken, lettuce and mayonnaise	\$7.00
Gluten free bread (extra)	\$0.50

Wraps

Sweet chilli chicken	\$8.00
Chicken Caesar	\$8.50
Falafel (V)	\$7.50

Salads

Chicken Caesar	\$9.00
Greek (V)	\$8.00

Hot Options*

Ham and cheese croissant	\$6.50
Tomato and cheese croissant (V)	\$6.50
Egg and bacon muffin / wrap	\$5.00 / \$6.00
Garlic Bread	\$4.00
Hot Dog (plain)	\$5.00
Beef pie	\$5.50
Sausage roll	\$5.50
Gluten Free beef pie	\$7.15
Gluten Free sausage roll	\$6.50
Vegetarian pasty (V)	\$6.50
Assorted pizza (VO)	from \$6.00
Penne Bolognese	small \$5.50 regular \$7.50
Wedges w/sour cream, sweet chilli sauce (V)	\$6.00
Tomato or BBQ sauce/American mustard	\$0.50

Chilled Options

Fruit salad (GF)	small \$4.00 regular \$4.50
Jelly or Mousse cup	\$3.50
Yoghurt and muesli cup (GF)	\$4.50

Snacks

Bakery

Muffins	small \$3.00 large \$4.00
Assorted doughnuts	\$4.50
Banana/orange bread	\$3.50
Gluten Free banana bread	\$4.00
In-store baked cookie	\$2.00
Balfours cookie	\$3.50
Lamington	\$3.00

Savoury

Popcorn	\$2.00
Red Rock Deli chips	28g \$2.50 45g \$3.70
Grainwaves	28g \$2.50 45g \$3.50
Vege chips	\$3.00

Drinks

Mt Franklin sparkling water, 450ml	\$4.00
Mt Franklin still water, 600ml	\$3.00
Pump plain or flavoured water, 750ml	\$5.60
Sodaly sparkling (low sugar), 250ml	\$3.50
Flavoured milk, 200ml	\$3.00
Flavoured milk, 600ml	\$6.00
Up + Go	\$4.00
Protein milk	\$6.50
Fruit Box, 250ml	\$3.00
Emma & Tom's juice / smoothies, 350ml	\$5.00
Fuze Iced Tea (mango, peach, lemon)	\$5.50

Freezer

Ice cream tub	\$2.50
Zooper Dooper	\$1.00
Frosty Fruits	\$3.50
Icy Pole (lemonade or raspberry)	\$2.00
Frozen juice cups	\$1.50
Slushie (various flavours)	\$3.00

Gluten Free

Assorted sandwiches	additional \$0.50
Beef pie	\$7.15
Sausage roll	\$6.50
Fruit salad	small \$4.00 regular \$4.50
Jelly or Mousse cup	\$3.50
Yoghurt and muesli cup	\$4.50
Banana bread	\$4.00
Popcorn	\$2.00

Coffee available 8.00am - 10.30am on school days (students excluded).

Daily Specials*

Monday

Chicken tender wrap with cheese, lettuce and mayonnaise	\$7.50
Beef OR Veg burger with mayo and lettuce (VO)	\$7.50

Tuesday

Greek lamb bowl	\$8.50
Beef chilli con carne nachos with cheese, sour cream and guacamole (VO, GFO)	\$8.50

Wednesday

Mac and cheese pasta bake (V, GFO)	\$8.00
Honey soy glazed chicken and fried rice	\$8.50

Thursday

Pizza – ham and cheese, ham and pineapple or margherita (VO) (GF)	\$6.50
Butter chicken with steamed basmati rice (GF)	\$8.50

Friday

Beef lasagne	\$8.50
Chicken tenders and wedges	\$8.50

V/VO = Vegetarian/Vegetarian option available.

GF/GFO = Gluten Free/Gluten Free option available.
Gluten free products do not use any ingredients containing gluten, but are prepared in a shared environment. We therefore cannot guarantee that they are completely free of gluten.
Gluten free sandwiches must be pre-ordered.

***Hot food availability can only be guaranteed by placing an order.**