



Café Pre-orders Term 3 2026

Sandwiches

Vegemite	\$3.00
Cheese	\$3.50
Plain - chicken, ham or tuna	\$5.00
Ham, lettuce, cucumber and carrot	\$6.50
Chicken, lettuce and mayonnaise	\$6.00
Gluten free bread (extra)	\$0.50

Wraps

Sweet chilli chicken	\$7.00
<i>Chicken, lettuce, tomato, cucumber and sweet chilli sauce</i>	
Falafel	\$7.00
<i>Falafel, lettuce, tomato, cucumber, carrot and tatziki</i>	
Chicken Caesar	\$8.00
<i>Chicken, egg, bacon, lettuce, cucumber, parmesan and Caesar dressing</i>	

Salads

Chicken Caesar	\$7.50
<i>Lettuce, parmesan, cucumber, chicken, bacon, egg, red onion, caesar dressing and croutons.</i>	
Greek	\$8.00
<i>Lettuce, Tomato, Olives, Red Onion & Feta w\ Greek Salad Dressing</i>	

Hot Food

Ham and cheese croissant	\$6.00
Tomato and cheese croissant	\$6.00
Garlic Bread	\$4.00
Hot Dog (plain)	\$5.00
Beef pie	\$5.50
Gluten free beef pie	\$7.15
Sausage roll	\$5.50
Gluten free sausage roll	\$6.50
Vegetarian pasty	\$6.50
Penne Bolognese	\$7.00
Wedges w/sour cream and sweet chilli sauce	\$6.00
Tomato or BBQ sauce/American mustard	\$0.40

Snacks

Doughnut (chocolate or strawberry sprinkle)	\$4.50
Muffins	small \$2.50 large \$4.00
Banana bread	\$3.50
Gluten free banana bread	\$4.00
Balfours cookies	\$3.50
Popcorn	\$2.50
Red Rock Deli chips	28g \$2.50 45g \$3.70
Vege chips	\$3.00

Drinks

Juice Box (apple, orange, apple blackcurrant or tropical)	\$3.00
Spring water, 600ml	\$3.00
Flavoured milk	200ml \$3.00 600ml \$6.00
Fuze Iced Tea	\$5.50

Chilled and Frozen

Jelly cup	\$3.50
Chocolate mousse cup	\$3.50
Vanilla ice cream	\$2.50
Zooper Dooper	\$1.00
Frosty Fruit	\$3.50
Frozen fruit cup (apple or orange)	\$1.50

Daily Specials*

Monday

Beef ravioli with roast tomato sugo parmesan cheese (VO)	\$8.00
Chicken schnitzel OR Veg burger with mayo and lettuce (VO)	\$8.00

Tuesday

Chicken yiros with tzatziki, lettuce and tomato	\$8.50
Beef chilli con carne nachos with cheese, sour cream and guacamole (VO, GFO)	\$8.50

Wednesday

Mac and cheese pasta bake (V, GFO)	\$8.00
Chinese five-spice pork noodle stir fry (VO)	\$8.50

Thursday

Pizza – ham and cheese, ham and pineapple or margherita (V) (GF)	\$6.50
Butter chicken with steamed basmati rice (GF)	\$9.00

Friday

Shepherds pie	\$8.50
Chicken tenders and wedges	\$8.50

V/VO = Vegetarian/Vegetarian option available.

GF/GFO = Gluten Free/Gluten Free option available. Gluten free products do not use any ingredients containing gluten, but are prepared in a shared environment. We therefore cannot guarantee that they are completely free of gluten.

Gluten free sandwiches must be pre-ordered.

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Flexischools**

Daily specials, regular menu items and allergy-aware/smaller portion menus are available for pre-order before 9am through the Flexischools app. Limited menu options then available until 11am only.

