

# Café Menu Term 1 2024

Pre-order to secure your selection

## **Sandwiches**

#### **Deli Style**

Ham, lettuce, tomato, cucumber, carrot	\$6.00
Chicken, lettuce, tomato, cucumber, carrot	\$6.50
Cheese, lettuce, tomato, cucumber, carrot	\$6.00
Ham, cheese, tomato	\$5.50
Egg, lettuce, mayo	\$5.50
Chicken, lettuce, mayo	\$6.00
Ham and cheese	\$5.50
Cheese and tomato	\$5.50
Plain	

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Chicken	\$5.00
Ham	\$5.00
Cheese	\$3.50
Egg	\$4.00
Tuna	\$5.00
Vegemite	\$3.00

Bread options - Gluten free (pre-order only), multigrain and wholemeal

## **Wraps**

#### Half \$5.50 / Full \$7.00

Falafel with lettuce, tomato, cucumber, carrot and tzatziki

Chicken Caesar with egg, bacon, cucumber, parmesan, lettuce and dressing

Sweet chilli chicken with lettuce, tomato, cucumber and sweet chilli sauce

Honey mustard ham with cheese, carrot, cucumber, tomato, lettuce and honey mustard

Egg salad with mayo, cucumber, tomato, carrot and lettuce

Ham salad with mayo, cucumber, tomato, carrot and lettuce

# **Hot Options**\*

Ham and cheese croissant	\$6.00
Tomato and cheese croissant	\$5.00
Egg and bacon sandwich	\$6.00
Beef burger	\$6.50
Chicken burger	\$6.50
Wedges, sour cream, sweet chilli sauce	\$5.00
Pizza (margherita)	\$5.50
Pizza – (ham)	\$5.50
Garlic bread	\$4.00
Beef pie	\$5.00
Sausage roll	\$5.00
Vegetarian pasty	\$5.00
Pasty	\$5.00
Sauces	
Tomato, sweet chilli or BBQ	\$0.30

# **Bakery**

\$2.50
\$3.00
\$3.50
\$4.20
\$4.00

# Chilled

Fruit salad (GF)	Small \$3.50 / Large \$4.	50
Yoghurt (GF)	Small \$3.00 / Large \$4.	00
Yoghurt with fruit couli O	R muesli \$4.	50
Jelly fruit cup	\$3.	50
Mousse cup	\$3.	.00

# Snacks

# **Daily Specials**\*

### Monday

Tandoori chicken thigh, raita, cos on Turkish roll, side of baked wedges	\$8.00
Baked potato with crispy bacon, mozzarella, corn salsa, aioli (GF)	\$7.50
Baked potato with mozzarella, corn salsa, aioli (GF) (V)	\$7.00

#### **Tuesday**

Pulled beef tacos with tortilla chips, salsa, guacamole, sour cream, lettuce	\$8.00
Crumbed fish with baked wedges, fresh salad, tartare sauch	\$8.00
Vegetarian nachos with salsa, sour cream, guacamole (GF) (V)	\$7.00

## Wednesday

Butter chicken with steamed rice	\$8.00
Crumbed beef focaccia with relish, mayo, lettuce, red onion, tomato	\$7.50
Mediterranean vegetable pasta with parmesan, fresh basil	\$7.00
GF option, pre-orders only	\$8.00

# Thursday

Lamb pizza with red capsicum, fetta, oregano, minted yoghurt	\$7.50
Spaghetti bolognaise, parmesan GF option, pre-orders only	\$7.50 \$8.00
Corn fritters with sour cream, fresh avocado, salsa (V)	\$7.00

## Friday

\$4.50	Deconstructed Greek chicken	\$8.00
\$3.50	souvlaki with tabouleh, minted	
\$3.00	yoghurt, flatbread	
<b>\$0.00</b>	Chilli con carne with sour cream Mexican rice (GF)	\$7.50
		¢7.00
	Thai noodle salad with hoisin and lime dressing (V)	\$7.00
\$3.00		
\$3.50		
\$3.00	Drinks	
\$2.50	Brinko	
	Emma & Tom's Juice	\$5.00
	Pump flavoured water	\$5.00
	Fuze tea	\$5.00
\$3.00	Sodaly can	\$3.50
\$1.70	Mt Franklin still water	\$3.00
\$1.00	Fruit box	\$3.00
\$1.00		
	*Place an order to guarantee your	hot food

#### **Salads**

Vegetarian options available

#### **Chicken Caesar salad**

Small \$6.50 / Large \$7.50 Lettuce, parmesan, cucumber, chicken, bacon, egg, red onion, Caesar dressing and croutons.

#### **Garden salad**

Small \$5.50 / Large \$6.50 Lettuce, tomato, cucumber, carrot, red onion and balsamic dressing

#### **Greek Salad**

Large \$7.00 Lettuce, tomato, olives, red onion, feta and Greek salad dressing

Thai chicken salad Small\$6.00 / Large \$7.00

Veggie chips	\$3.00
Red Rock Deli chips	\$3.50
Cheese and crackers	\$3.00
Muesli pot/bar	\$2.50
Frozen	
Frosty Fruits	\$3.00

Icy Poles (lemonade or raspberry) Frozen juice cup

**Zooper Dooper** 

 $\ensuremath{\textbf{GF}}$  =  $\ensuremath{\textbf{Gluten}}$   $\ensuremath{\textbf{Free}}$  . Gluten free products do not use any ingredients containing gluten, but are prepared in a shared environment. We therefore cannot guarantee that they are completely free of gluten.

selection.