

MERCEDES COLLEGE

Winter Vacation Care Program Thursday 6 to Friday 21 July 2023

Here's what you need to know:

What to bring

- Recess
- Lunch
- Water Bottle
- Hat

Please do not bring

- Game consoles
- Mobile phone/Tablet
- Money (unless directed to)

Clothing and sun protection

Please ensure children wear enclosed shoes (thongs and slip on shoes are not suitable) and remember to label their clothing, lunch box and water bottle. As we follow the college policy of 'no hat, no play' be sure to pack a hat too.

Healthy food

Please help us reduce waste by packing 'nude food' in reusable containers and avoid packaging or snap lock bags.

Lunch is provided on select days in the program, with dietary needs catered for where possible.

If your child does not like the option supplied, please provide them with a packed lunch.

Due to health regulations we are not able to heat food brought from home. Children will be provided with a fresh snack each afternoon.

Hours

Our OSHC Service operates from 7:20am to 6pm every day during the school holidays (excluding public holidays), as well as on Pupil Free days.

Children must be signed in and out of the program.

Child Care Subsidy

Mercedes College is an Approved Provider.

If you wish to claim Child Care Subsidy (CCS), you will need to provide us with your Customer Reference Number (CRN) from Centrelink.

For more information or to obtain a CRN number please visit servicesaustralia.gov.au

Excursions

The excursion times on the program include the departure and return times. Children must arrive 15 to 30 minutes prior to bus departure times. Before departing, we group the children, discuss specific venue guidelines, provide sunscreen and ensure that everyone has their lunch, hats and water bottles.



Our rating: exceeding the national quality standards

My Time Our Place (MTOP) -National Quality Framework for School Aged Care

Our programs are linked to this framework and planned in consultation with our children and their families. As My Time Our Place educators we are responsive to all children's strengths, abilities and interests.

To learn more, please speak to one of our educators or visit education.gov.au/my-time-our-place

We strongly encourage children to participate in planned activities yet recognise that children have the right to make their own choices, with alternative activities are provided as necessary.

Booking forms and contact

Please return your booking forms to Mercedes College OSHC

540 Fullarton Road, Springfield SA 5062

E | oshc@mercedes.catholic.edu.au

T | 8372 3248

M | 0427 796 425

My Time Our Place (MTOP) Outcomes:

- 1. Children have a strong sense of identity
- 2. Children are connected with, and contribute to, their world
- 3. Children have a strong sense of wellbeing
- 4. Children are confident and involved learners
- 5. Children are effective communicators

Bookings and cancellations

Bookings

The Vacation Care program and booking consent form is available mid-Term. Complete your booking form and provide it to us before the given due date to secure your space.

Forms received after this due date will incur a Late Booking Fee of \$5. Phone bookings are not accepted.

Cancellations

Receipt of a booking form will be a firm commitment to the program.

Non-attendance will incur the daily Vacation Care fee of \$55.

COVID-19 Safe practices

We are committed to keeping our OSHC community as safe as possible and continue to implement measures that mitigate the risk of spreading COVID-19.

Educators and visitors on the school grounds are vaccinated for COVID-19.

Further, all educators will conduct hygiene practices inculding frequent hand washing, sanitisation of high touch areas, and social distancing where possible.

Please keep your child at home if they are unwell.







Autumn memories

Our Vacation Care friends enjoyed the autumn school holidays with activities like claymation video making, visiting The Beachouse, and growing groovy grass heads!

Week One

Thursday 6/7



Calming Yoga

10am to 11am

Type: Incursion

Cost: \$55+\$30 = \$85

Join Tessa for a relaxing yoga session to start the winter holidays.

Now use your new state of zen to design a unique set of coasters using colourful Sharpies and a secret, magic ingredient...

Lunch: BYO

Snack: Chocolate pudding MTOP outcomes: 1, 2, 3, 4

Staff Ratio: 1:15

Friday 7/7



Challenge Day

10am to 12pm

Type: Incursion

Cost: \$55+\$20 = \$75

Switch on your brain with fun computerised quizzes.

Then, get your body moving in a skipping challenge - and take home your own skipping rope!

Lunch: Pasta bake Snack: Fruit platter

MTOP outcomes: 1, 2, 3, 4, 5

Staff Ratio: 1:15

Week Two

Monday 10/7



Silent Disco

1 pm to 2:30 pm

Type: Incursion

Cost: \$55+\$30 = \$85

The disco is coming to us! Wear your best disco outfit and get ready to dance under lights.

After the party it's time for 'Gone in 60 Seconds'. Can you complete the challenges before the buzzer sounds?

Lunch: BYO

Snack: Apple crumble MTOP outcomes: 1, 3, 4, 5

Staff Ratio: 1:15

Tuesday 11/7



Science Collective

9:15am to 1:30pm

Type: Excursion

Cost: \$55+\$30 = \$85

Explore a range of fantastic science shows and clever experiments - prepare to be amazed!

Then, collect your snacks, get cosy, and enjoy a movie on the big screen.

Lunch: BYO

Snack: Fruit platter

MTOP outcomes: 1, 2, 4, 5

Staff Ratio: 1:10

Wednesday 12/7



Let's Get Cooking

10:30am to 11:30am

Type: Incursion

Cost: \$55+\$30 = \$85

Today chefs from Scoffed Cooking School will teach us simple cooking skills that will end with yummy mini burgers for lunch.

After lunch be quick to book your appointment at the OSHC Nail Salon.

Lunch: Beef slider / BYO

MTOP outcomes: 1, 3, 4

Staff Ratio: 1:15

Snack: Fruit and veggie platter

Junior Survivor

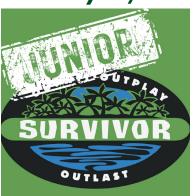
Type: Incursion

Cost: \$55+\$25 = \$80

A challenging session full of opportunities for team building and thinking outside the box!

Then choose a special design to be painted onto your hand in Henna.

Thursday 13/7



Friday 14/7



Arts Explosion

10am to 12pm

Type: Incursion

Cost: \$55+\$20 = \$75

Get artistic and design the background for a clever money box made from a picture frame.

Then keep the creative juices flowing as we decorate and construct our own kites.

Watch them soar!

Lunch: BYO Snack: Nachos

MTOP outcomes: 1, 2, 3, 4

Staff Ratio: 1:15

Lunch: BYO Snack: Toasties

MTOP outcomes: 2, 3, 4, 5

Staff Ratio: 1:15

Week Three

Monday 17/7



ΔFL MAX

10am to 12pm

Type: Excursion

Cost: \$55+\$30 = \$85

There is something for everyone at AFL MAX!
Come and climb, jump, kick and play at this excursion favourite.

Later, use engineering skills to build a structure from pegs and popsticks.

Lunch: BYO

Snack: Pies and pasties MTOP outcomes: 1, 2, 3, 4, 5

Staff Ratio: 1:10

Tuesday 18/7



Junior Jiu Jitsu

10am to 11am

Type: Incursion

Cost: \$55+\$25 = \$80

Have fun challenging yourself with the discipline and focus of Jiu Jitsu martial arts.

Plus, learn different card games to play, and take your very own deck of cards home to keep practising!

Lunch: BYO

Snack: Potato wedges MTOP outcomes: 1, 2, 3, 4

Staff Ratio: 1:15

Wednesday 19/7



Bush Buddies

10am to 11am

Type: Incursion

Cost: \$55+\$25 = \$80

Cue the cute-factor, Louise and Al are bringing some Australian animals for us to meet.

Then make your very own rainbow coloured snake by learning how to finger knit.

Thursday 20/7



Movie: Elemental (PG)

9:15am to 12:30pm

Type: Excursion

Cost: \$55+\$30 = \$85

Follow the friendship of fiery Ember and splashy Wade as he challenges her beliefs about the world they live in.

In the afternoon, create colourful ink prints with foam.

Friday 21/7



You Like To: Move It!

10am to 11am

Type: Incursion

Cost: \$55+\$25 = \$80

Move Learn Grow bring fun games and activities developed by specialists especially for young children. You'll love this one!

Plus, learn about Ultimate Frisbee and take home your own disc to play with.

Lunch: BYO

Snack: Dips and veggies MTOP outcomes: 1, 2, 3, 4

Staff Ratio: 1:15

Lunch: BYO

Snack: Damper

MTOP outcomes: 1, 2, 4

Staff Ratio: 1:15

Lunch: BYO

Snack: Fruit platter

MTOP outcomes: 1, 2, 3, 4, 5

Staff Ratio: 1:10