



# MERCEDES COLLEGE

COMPASSION LOYALTY JUSTICE INTEGRITY RESPONSIBILITY MUTUAL RESPECT

## MEDIA ALERT

### Outstanding Victory

Mercedes College athletes stormed to victory at the SASSSA 'A' Grade Athletics to win both the Boys and Girls titles and were crowned the Champion School for the second year in a row.

In a tight finish, the Mercedes boys defeated Loxton High by 5 points with St Peter's 26 points behind Loxton whilst the girls defeated Loreto College by 57 points with Trinity a further 5 points back.

Athletics Captain, Matt Heptinstall reflected on how hard both teams had worked since the start of first term when coaching staff commenced their role of developing these athletes.

"Our boys produced some excellent performances to take out 35% of the standards achieved during the day which shows that there were some really top efforts.

Our relays were right up there in every age group, so we were very pleased to finish the day off so well. Not only did we have some outstanding individuals, but we had great depth with plenty of 2nds, 3rds and 4ths across the whole range of events", he said.

Heptinstall starred himself winning the Open Hurdles and anchoring the Open Relay to win by 6/100 second to a fast finishing Immanuel College. Matt's Co-Captain, Matt De Gennaro, also contributed well, throwing the Javelin 43.54m to Nikoloas Flabouris of St Peter's College (44.47m).

The Mercedes Girls Relay competitors also had a great day winning two and placing 2<sup>nd</sup> in the remaining events. Elizabeth Ward, Athletics Captain, won the Open Girls Javelin throwing 36.58m whilst Vice Captain Phoebe Wilcock finished 2<sup>nd</sup> in the 100m and 200m events.

These performances culminate in a great term of Athletics for Mercedes with earlier victories in the SA Catholic Co-ed 'A' Grade Athletics in the U14, U15, U16 and Open Age groups and the squads now look forward to the State Knockout competitions in Term 3.

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