



Café Menu Term 2 2024

Pre-order to secure your selection

Sandwiches

Deli Style

Ham, lettuce, tomato, cucumber, carrot	\$6.00
Chicken, lettuce, tomato, cucumber, carrot	\$6.50
Cheese, lettuce, tomato, cucumber, carrot	\$6.00
Ham, cheese, tomato	\$5.50
Egg, lettuce, mayo	\$5.50
Chicken, lettuce, mayo	\$6.00
Ham and cheese	\$5.50
Cheese and tomato	\$5.50

Plain

Chicken	\$5.00
Ham	\$5.00
Cheese	\$3.50
Egg	\$4.00
Tuna	\$5.00
Vegemite	\$3.00

**Bread options - Gluten free (pre-order only),
multigrain and wholemeal**

Wraps

Half \$5.50 / Full \$7.00

Falafel with lettuce, tomato, cucumber, carrot and tzatziki

Chicken Caesar with egg, bacon, cucumber, parmesan, lettuce and dressing

Sweet chilli chicken with lettuce, tomato, cucumber and sweet chilli sauce

Honey mustard ham with cheese, carrot, cucumber, tomato, lettuce and honey mustard

Egg salad with mayo, cucumber, tomato, carrot and lettuce

Ham salad with mayo, cucumber, tomato, carrot and lettuce

Salads

Vegetarian options available

Chicken Caesar salad

Small \$6.50 / Large \$7.50

Lettuce, parmesan, cucumber, chicken, bacon, egg, red onion, Caesar dressing and croutons.

Garden salad

Small \$5.50 / Large \$6.50

Lettuce, tomato, cucumber, carrot, red onion and balsamic dressing

Greek Salad

Large \$7.00

Lettuce, tomato, olives, red onion, feta and Greek salad dressing

Thai chicken salad

Small \$6.00 / Large \$7.00

Hot Options*

Ham and cheese croissant	\$6.00
Tomato and cheese croissant	\$5.00
Egg and bacon sandwich	\$6.00
Beef burger	\$6.50
Chicken burger	\$6.50
Wedges, sour cream, sweet chilli sauce	\$5.00
Pizza (margherita)	\$5.50
Pizza - (ham)	\$5.50
Garlic bread	\$4.00
Beef pie	\$5.00
Sausage roll	\$5.00
Vegetarian pasty	\$5.00
Pasty	\$5.00

Sauces

Tomato, sweet chilli or BBQ	\$0.30
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Bakery

Small muffin (assorted)	\$2.50
Biscuits (assorted)	\$3.00
Banana bread	\$3.50
Doughnut	\$4.20
Danish pastries	\$4.00

Chilled

Fruit salad (GF)	Small \$3.50 / Large \$4.50
Yoghurt (GF)	Small \$3.00 / Large \$4.00
Yoghurt with fruit couli OR muesli	\$4.50
Jelly fruit cup	\$3.50
Mousse cup	\$3.00

Snacks

Veggie chips	\$3.00
Red Rock Deli chips	\$3.50
Cheese and crackers	\$3.00
Muesli pot/bar	\$2.50

Frozen

Frosty Fruits	\$3.00
Icy Poles (lemonade or raspberry)	\$1.70
Frozen juice cup	\$1.00
Zooper Dooper	\$1.00

GF = Gluten Free. Gluten free products do not use any ingredients containing gluten, but are prepared in a shared environment. We therefore cannot guarantee that they are completely free of gluten.

Daily Specials*

Monday

Teriyaki chicken poke bowl with rice, edamame, steamed veg, Kewpie (GF) \$8.00

Crumbed fish, oven wedges and peas, served with tartare sauce \$8.00

Falafel poke bowl with rice, edamame, steamed veg and Kewpie (V) \$7.50

Tuesday

Butter chicken with steamed rice (GF) \$8.00

Beef nachos, corn salsa, sour cream and guacamole (GF) \$8.00

Bean nachos, corn salsa, sour cream and guacamole (GF) (V) \$7.00

Wednesday

Pasta bolognese with parmesan \$8.00

Sticky soy chicken strips with hokkien noodles, Asian veg \$8.00

Roasted veg penne with parmesan (V) \$7.50

Thursday

Green chicken curry with rice (GF) \$8.00

Quesadilla with bacon, cheese, capsicum, sour cream and salsa \$7.50

Quesadilla with corn, cheese, capsicum, sour cream and salsa (V) \$7.00

Friday

Oven baked chicken schnitzel with wedges and slaw \$8.00

Mexican bowl: chilli con carne, rice, guacamole, sour cream, corn chips (GF) \$8.00

Mexican bowl: bean chilli, rice, guacamole, sour cream, corn chips (GF) (V) \$7.00

***Hot food availability can only be guaranteed by placing an order.**

Drinks

Emma & Tom's Juice	\$5.00
Pump flavoured water	\$5.00
Fuze tea	\$5.00
Sodaly can	\$3.50
Mt Franklin still water	\$3.00
Fruit box	\$3.00

Barista-made coffee available 8am - 10.30am on school days (students excluded).